

FLY 1669.

AN

ALMANACK

For the year of our Lord
God, 1669.

being the first after *Bissextile*,
or Leap-year.

And from the Creation of the
World, 5672.

culated for the Meridian of Kings-
Lynn, where the Pole is elevated

52. degrees, 43. min. above the
Horizon, and may very well
serve for any other part
of England.

L O N D O N,

Printed by S. G. and B. G. for the Company
of Stationers. 1669.

Common Notes and Movable Feasts

The Golden number this year is,

The Circle of the Sun,

The Dominical Letters

Epa&

Easter day,

Whitsunday,

Trinity Sunday,

Advent Sunday,



April

May

June

November

A Table to know when the Terms begin and end
and the Returns, and the days for this year, 1669:

Hillary Term begins the 23 of January, and ends the 14 of February, and hath 4 Returns, viz:

Ostab. Hillarii

Quind. Hillarii

Craft. Purif.

Ostab. Purif.

Easter Term begins 28 of April, and ends 24 of May, and hath 5 Returns, viz:

Quind. Paschæ

Tres Paschæ

Mense Paschæ

Quind. Paschæ

Craft. Ascens.

Trinity Term begins 11 of June, and ends the 30 of June, and hath 4 Returns, viz:

Craft. Trinity

Ostab. Trin.

Quind. Trin.

Tres Trin.

Michellmas Term begins 24 of October, and ends the 28 of November, and hath 6 Returns, viz:

Tres Michael.

Mense Michael.

Craft. Anim.

Craft. Mart.

Ostab. Mart.

Quind. Mart.

Jan.

Jan.

Feb.

Feb.

April

May

May

May

May

Jun.

Jun.

Jun.

Jun.

Ostab.

Ostab.

Nov.

Nov.

Nov.

Nov.

A plain and easie Table, shewing the true Interest,
 due upon any summe of money, from five
 Shillings to an hundred Pounds, for
 a year or under, after the
 rate of six Pounds in
 the Hundred.

	1 Mon.	3 Mon.	6 Mon.	9 Mon.	A Year.
s.	s. d. q.	s. d. q.	s. d. q.	s. d. q.	s. d. q.
5	0 0 0	0 0 3	0 1 3	0 1 2	0 3 2
10	0 0 0	0 1 3	0 3 2	0 5 0	0 7 0
15	0 0 0	0 2 2	0 5 1	0 8 2	0 10 2
1	0 1 0	0 3 2	0 7 0	0 10 2	1 2 1
2	0 2 1	0 7 0	1 2 1	1 9 1	2 4 2
3	0 3 2	0 10 2	1 9 1	2 7 3	3 6 3
4	0 4 3	1 2 1	3 4 2	3 6 3	4 9 0
5	0 6 0	1 6 0	3 0 0	4 6 0	6 0 0
6	0 7 0	1 9 2	3 7 0	5 4 2	7 2 1
7	0 8 1	2 1 0	4 2 1	6 3 1	8 4 2
8	0 9 2	2 4 2	4 9 1	7 3 1	9 6 3
9	0 10 3	2 8 1	5 4 2	8 0 3	10 9 0
l.	l. s. d.	l. s. d.	l. s. d.	l. s. d.	l. d. d.
10	0 1 0	0 3 0	0 6 0	0 9 0	0 12 0
20	0 2 0	0 6 0	0 12 0	0 18 0	1 4 0
30	0 3 0	0 9 0	0 18 0	1 7 0	1 16 0
40	0 4 0	0 12 0	1 4 0	1 16 0	2 8 0
50	0 5 0	0 15 0	1 10 0	2 5 0	3 0 0
60	0 6 0	0 18 0	1 16 0	2 14 0	3 12 0
70	0 7 0	1 1 0	2 2 0	3 3 0	4 4 0
80	0 8 0	1 4 0	2 8 0	3 12 0	4 16 0
90	0 9 0	1 7 0	3 14 0	4 1 0	5 8 0
100	0 10 0	1 1 1	3 0 0	4 10 0	6 0 0

THE ANATOMY

of the Body of MAN, as the
parts thereof are governed by the
12 Constellations of Stars
in the Zodiacke.:

Or rather by the Moon, passing by the same
CONSTELLATIONS:

Head and Face

Neck &
Throat
Breast
Stomach
and Ribs
Bosoms
& Belly
Secrets
Member,
Knees
Feet.



Arms
Shoulders
Heart
Back
Knees &
Loins
Thighs
Legs

The Characters of the Planets and their Aspects

♄ Saturn: ♃ Jupiter: ♂ Mars: ☉ Sol: ♀ Venus: ☿ Mercury.
☾ Moon increasing ☾ Moon decreasing ☿ Conjunction
♄ Opposition □ Quartile △ Trine. * Sextile
♁ Caput Draconis ♁ Cauda Draconis

January hath xxxi. dayes.

Full Moon 7 day 37 min. past 4 in the morning.

Last quarter 15 day 46 min. past 4 morning.

New Moon 21 day 45 min. past 9 at night.

First quarter 28 day 22 min. past 7 at night.

a	New year day	Neck	8	2	3	8	First day fair	11
b	Oa. Stephen	Arms	8	0	4	0	with some over-	12
c	Oa. John	Arms	7	58	4	2	cast with	13
d	Oa. Innoc.	Neck	7	57	4	3	cold storms	14
e	Simeon.	Neck	7	56	4	4	high winds	15
f	Twelf day.	Heart	7	55	4	5	with frosts if	16
g	Julian	Heart	7	54	4	6	not hail or	17
a	Lucian	Heart	7	53	4	7	snow cold moist	18
b	Agapite vir.	Bowels	7	52	4	8	frosty weather	19
c	Gardian	Bowels	7	50	4	9	with high	20
d	Actos	Reins	7	49	4	11	storms of	21
e	Archad	Reins	7	47	4	13	wind in the	22
f	Hillary	Reins	7	46	4	14	north with	23
g	Craft. Hil.	Secrets	7	45	4	15	hail fine	24
a	Maure	Secrets	7	44	4	16	sunshine	25
b	Marcel.	Thighs	7	42	4	18	weather	26
c	Anthony	Thighs	7	41	4	19	and calm	27
d	Prisca	Thighs	7	39	4	21	fine warm	28
e	Martha	Knees	7	38	4	22	weather the	29
f	Sebastina	Knees	7	36	4	24	wind south	30
g	St. Agnis	Legs	7	34	4	26	south west	31
a	Vincont	Legs	7	32	4	28	with strong	1
b	Term begins	Feet	7	31	4	29	blasts of	2
c	Timothy	Feet	7	30	4	30	wind and	3
d	Conver. Paul	Head	7	28	4	32	snow and	4
e	Policarp. Bish.	Head	7	26	4	34	fleet with	5
f	Julian.	Neck	7	25	4	35	some frosty	6
g	Tarcellinus	Neck	7	23	4	37	weather	7
a	Theodore	Neck	7	21	4	39	with fleet	8
b	K. Charls beh.	Arms	7	20	4	40	or rain:	9
c	1648	Arms	7	18	4	41		10

February hath xxix. dayes.

Full Moon 5 day 40 min. past 11 at night.
 Last quarter 13 day 5 min. past 4 at night.
 New Moon 20 day 50 min. past 7 morning.
 First quarter 27 day 43 min. past 12 at noon.

M.D.	W.D.	Holy and Festival Dayes.	The Signs.	Sun rise.	Sun set.	Change of weather.
1	D	Bridget	Arms	7 17	43	Westerly winds
2	E	Parif. S. Mary	Wrest	7 19	44	blow high the
3	F	Blase	Wrest	7 14	46	beginning of the
4	S		Heart	7 13	47	month with
5	a	Agathe	Heart	7 11	49	cold rain
6	b	Amandus	Bowels	7 10	50	or snow if not
7	c	Augustine	Bowels	7 8	52	both with foggy
8	D	Paul Bish.	Bowels	7 6	54	and misty more
9	E	Apoline	Belnes	7 4	56	cold frosty air
10	F	Scholast	Belnes	7 2	58	with snow
11	G	Euthrona	Secrets	6 59	5	very like a-
12	a	Term ends.	Secrets	6 58	5	bout this
13	b	Wolfran	Thighes	6 56	5	time with
14	c	Valentine	Thighes	6 55	5	blustring
15	D	Justine	Knees	6 54	5	winds.
16	E	Julian	Knees	6 53	5	More milder
17	F	Constance.	Legs	6 51	5	weather with
18	G	Simcon	Legs	6 49	5	frost and cold
19	a	Sabine	Feet	6 46	5	air with sun
20	b	Mildrid	Feet	6 44	5	shine fine chri-
21	c	Shrove-Sund	Feet	6 42	5	ly weather
22	D	29 Martyrs	Head	6 40	5	with some
23	E	Peter Chair	Head	6 38	5	showers of
24	F	Matthias Ap.	Heck	6 35	5	hail or rain.
25	G		Heck	9 32	5	and so ends this
26	a	Eligius	Arm	6 30	5	moneth.
27	b	Oculi	Br m	6 27	5	33
28	c	Alexander	Br m			

March hath xxxi. dayes.

Full Moon 7 day, 38 min. past 4 at night.
 Last quart. 14 day, 54 min. past noon.
 New Moon 21 day, 24 min. past 6 at night.
 First quarter 29 day, 31 min. past 7 morning.

David	Breast	6	23	5	37	March com.	11
Chad.	Breast	6	20	5	40	ing with	12
Maurice:	Heart	6	18	5	41	fine clear	13
	Heart	6	16	5	44	sunshine	14
Eusebius	Bowels	6	14	5	46	weather	15
Frideline	Bowels	6	11	5	49		16
Perpetua	Bowels	6	9	5	51		17
Felix	Reins	6	7	5	53	but now it	18
40 Martyrs	Reins	6	5	5	57	begins to be	29
Agapite.	Secrets	6	3	5	59	more wet	20
	Secrets	6	0	6	0	and windy	21
S. Gregory.	Thighes	7	59	6	2	with rain	22
Theodore	Thighes	7	57	6	3	and cold,	23
Candidus	Thighes	7	56	6	4		24
Longinus	Knees	7	54	6	6	but fine	25
Nor. Repr:	Knees	7	52	6	8	cherily weather	26
Gartrude	Legs	7	50	6	10	for the time	27
	Legs	7	48	6	11	of the year	28
Edw. King	Feet	7	46	6	14		29
Joseph	Feet	7	42	6	16	cold frosty	30
Cavaliers	Head	7	41	6	18	mornings	1
banished	Head	7	40	6	21	and fine	1
London 1650.	Neck	7	39	6	23	sunshine	2
Theodorus	Neck	7	37	6	24	dayes with	3
Annun. Mary	Neck	7	36	6	26	blustring	4
	Arms	7	34	6	28	windy weather	5
Act to redeem	Arms	7	32	6	30	and so ends	6
Captiv. 1650.	Breast	7	30	6	32	this month.	7
Quintine	Breast	7	28	6	34		8
Guidon.	Heart	7	26	6	35		9
Adalem.	Heart	7	24	6	36		10

April hath xxx. dayes.

Full Moon 6 day, 52 min. past 6 morning.

Last quarter 13 day, 18 min. past 7 morning.

Now Moon 20 day, 24 min. past 5 morning.

First quarter 28 day, 7 min. past 2 morning.

1	G		Heart	5 20	640	April' now
2	a	David	Boswels	5 18	642	begins with
3	b	Mary	Boswels	5 16	644	blowing
4	c	Ambrose	Boswels	5 14	646	windy rainy
5	d	Vincent.	Reines	5 12	648	weather
6	e	Sextus.	Reines	5 10	650	more wind
7	f	Egesippus	Reins	5 7	653	but more
8	g		Secrets	5 4	656	milder
9	a	7 Virgins	Secrets	5 2	658	with
10	b	Leo	Thighes	5 0	7 0	some sun-
11	c	Easter day.	Thighes	4 58	7 2	shine
12	d	Groswald	Knees	4 57	7 3	though
13	e	Justine.	Knees	4 55	7 5	watery
14	f	Tiburt. mar.	Legs	4 51	7 7	cloudy
15	g		Legs	4 52	7 8	weather
16	a	Isidore	Feet	4 50	7 10	fine warm
17	b	Coliny	Feet	4 45	7 12	weather
18	c	Quintin	Head	4 46	7 14	now be-
19	d	Alphage	Head	4 44	7 16	gins with
20	e	Victor	Beck	4 42	7 18	some smal
21	f	Simeon	Beck	4 40	7 20	showers
22	g		Beck	4 39	7 21	of rain
23	a	S. Georg.	Arms	4 37	7 23	weather
24	b	Wilfrid	Arms	4 35	7 25	still in
25	c	Mark Evan.	Breast	4 33	7 27	c'ining
26	d	Anastatius.	Breast	4 31	7 29	to cold
27	e	Vitalis	Breast	4 29	7 31	but more
28	f	Term begins.	Heart	4 27	7 33	milde and
29	g		Heart	4 25	7 35	so ends this
30	a	Erkenwal	Boswels	4 23	7 37	moneth.

May hath xxxi. dayes.

Full Moon 5 day, 2 min. past 6 at night.

Last quarter 13 day, 35 min. past 12 at noon.

New Moon 19 day, 27 min. past 5 at night.

First quarter 27 day, 33 min. past 7 at night.

b	Phil. & Jacob.	Bowels	4	22	738	Now begins	12
c	Athanasius	Reines	4	21	739	the glory	13
d	Enoch	Reines	4	20	740	of the	4
e	Florianus	Secrets	4	19	741	Spring which	15
f	Gothard.	Secrets	4	17	743	makes the	16
g		Thighes	4	15	745	fields all gay	17
a	Beverly	Thighes	4	13	747	and green	18
b	Nicholas	Legs	4	12	748	with fine	19
c		Legs	4	11	749	moist warm	20
d	Gordian Ma.	Feet	4	10	750	mild weather	21
e	Anthony	Feet	4	9	751	inclining	22
f	Pancratius	Feet	4	7	753	to rain	23
g	Servatius	Head	4	6	754		24
a	Boniface	Head	4	5	755	the mor-	25
b	Sophia.	Neck	4	3	757	nings being	26
c	Peregrin	Neck	4	2	758	yet cold	27
d	Noah in Ark	Arms	4	1	759	fine warm	28
e	Potentius	Arms	3	59	81	sunshine	29
f	S. Dunstan	Breast	3	58	82	weather	C
g		Breast	1	56	84	with rain	1
a	Urbanus	Breast	3	55	85	like dark	2
b	Juliana	Heart	3	54	86	gloomy wea-	3
c	Deciderius.	Heart	1	53	87	ther with	4
d	Term ends	Bowels	3	52	87	some small	5
e	Adelme	Bowels	3	52	88	showers	6
f	Bede	Urins		52	88	of rain	7
g		Reins	1	52	88	if not	8
a	German Bj.	Reins	1	51	89	hail.	9
b	Coronis	Secrets	3	5	89		10
c	Whitsunday	Secret.	4	5	90		11
d		Steeles	3	51	90		12

June hath xxx. dayes.

Full Moon 4 day, 8 min. past 3 morning.

Last quarter 10 day, 24 min. past 6 at night.

New moon 17 day, 23 min. past 6 at night.

First quarter 26 day, 39 min. past 10, morning.

1	z	Nicomed.	Thighs	3	50	8	10	<i>June begins</i>
2	f	Marcelline.	Thighs	3	49	8	11	<i>with fine</i>
3	g	Erasmus	Thighs	3	49	8	11	<i>warm</i>
4	a		Knees	3	49	8	11	<i>calm sunshine</i>
5	b	Boniface.	Knees	3	48	8	12	<i>weather,</i>
6	c		Knees	3	48	8	12	
7	d	Wolstan.	Legs	3	48	8	12	
8	e	Medard	Legs	3	47	8	13	<i>and very hot</i>
9	f	Felician	Feet	3	47	8	13	<i>sultry</i>
10	g	St. Barnebe.	Feet	3	47	8	13	<i>weather</i>
11	a	Term begins	Head	3	47	8	13	<i>with much</i>
12	b		Head	3	47	8	13	<i>sunshine</i>
13	c	Valerius	Neck	3	47	8	13	
14	d	Vitas	Neck	3	47	8	13	
15	e	Rowland	Armes	3	48	8	13	<i>with fine</i>
16	f		Arms	3	48	8	12	<i>brisk gales</i>
17	g		Arms	3	48	8	12	<i>of wind</i>
18	a	Marcelline	Breast	3	49	8	12	<i>which do</i>
19	b	Gervase	Breast	3	49	8	11	<i>moderate</i>
20	c	Silverius	Heart	3	49	8	11	<i>the heat,</i>
21	d	Walburg.	Heart	3	50	8	10	
22	e		Heart	3	50	8	10	
23	f	Etheldred.	Towels	3	51	8	9	<i>fine sun-</i>
24	g	John Bapt.	Towels	3	51	8	9	<i>shine</i>
25	a	Eligius	Reins	3	52	8	8	<i>weather</i>
26	b	Ieremias	Reins	3	52	8	8	<i>with rain</i>
27	c	7 Sleepers.	Secrets	3	53	8	7	<i>very like</i>
28	d	Leo Bish.	Secrets	3	54	8	6	<i>and so ends</i>
29	e	Peter Apostle	Thighs	3	55	8	5	<i>this moneth.</i>
30	f	Term ends.	Thighs	3	56	8	4	

July hath xxxi. dayes.

Full Moon 3 day, 40 min. past 10 morning.

Last quarter 10 day, 42 min. past 1 morning.

New Moon 17 day, 29 min. past 9 at night.

First quart. 25 day, 21 min. past 11 at night.

Rumoldus	Thighs	3	57	8	2	July now	14
Vil. of Mary	Knees	3	57	8	0	begins with	15
Hyacinth.	Knees	3	58	8	58	hot sultry	16
Viritus	Legs	3	59	8	57	weather	17
Anselm	Legs	4	00	8	56	with rain	18
Tranquilin	Feet	4	2	7	55	very life	19
Becket	Feet	4	3	7	54	about this	20
Chilianis	Head	4	5	7	53	time fine	2
Cyril	Head	4	6	7	52	sunshine	22
7 Brethren	Beck	4	8	7	50	weather.	23
	Pick	4	9	7	49	with fine	24
Jason	Arms	4	11	7	47	brisk gales	25
Privarius	Arms	4	12	7	46	of wind	26
Iustus	Arms	4	13	7	45		27
Bonavent.	Breast	4	14	7	44		28
Swichin	Breast	4	15	7	42	clouds run	29
Alexius	Heart	4	16	7	41	too and	30
Rosina	Heart	4	17	7	39	again as	31
Oog day. beg.	Bowels	4	18	7	38	though	2
Margaret	Bowels	4	2	7	36	there would	3
Daniel	Bowels	4	21	7	34	be much	4
Mary Magd.	Reins	4	23	7	32	wind with	5
Apoline	Reins	4	2	7	31	some rain	6
Christine	Secrets	4	27	7	30	fine sun-	7
S. James.	Secrets	4	2	7	28	shine	8
Anne	Thighs	4	30	7	26		10
Martha	Thighs	4	32	7	25	hot wa-	11
Penthalion	Knees	4	34	7	23	ther with	12
Beatrice	Knees	4	26	7	21	black clouds	13
Abdon	Legs	4	37	7	20	like rain.	14
Germane	Legs	4	38	7	18		15

August hath xxxi. dayes.

Full moon 1 day, 44 min. past 5 at night.
 Last quarter 8 day, 38 min. past 11 morning.
 New Moon 16 day, 37 min. past 1 afternoon.
 First quarter 24 day, 56 min. past 10 morning.
 Full Moon 31 day, 5 min. past 3 morning.

1	☾	Lammass day	feet	14	39	7	2	August now
2	☾	Stephen	feet	4	40	7	20	begins with
3	☾	Hermel	feet	4	43	7	17	fine sun-
4	☾	Aristarchus	head	4	44	7	16	shine
5	☾	Oswald	head	4	46	7	14	but some-
6	☾	Sixtus	head	4	48	7	12	what colder
7	☾	Victrice	neck	4	50	7	10	th:n before
8	☾	Jadilaus	neck	4	52	7	8	the sun
9	☾	Augustus.	Armes	4	54	7	6	now begins
10	☾	Laurance	Armes	4	56	7	4	to with-
11	☾	Tiburtus	Breast	4	58	7	2	draw his
12	☾	Clare	Breast	4	59	7	1	heat from
13	☾	Hyppolytus	Breast	4	10	6	59	us,
14	☾	Eusebius	heart	5	1	6	57	
15	☾	Assum. Mary	heart	5	3	6	55	
16	☾	Roch	Bowels	5	5	6	54	
17	☾	Mamance	Bowels	5	6	6	52	fine sun
18	☾	Helen	Bowels	5	8	6	50	shine weather
19	☾	Sebal	Rines	5	11	6	48	the clouds
20	☾	Bernard	Rines	5	14	6	46	going to
21	☾	Cyrice	Secrets	5	16	6	44	and again
22	☾		Secrets	5	18	6	42	so that
23	☾	Zacheus	Thighes	5	20	6	40	it is very
24	☾	Barth. Apo.	Thighes	5	22	6	38	very like
25	☾	Lewis	knees	5	2	6	39	raia if not
26	☾	Severine	knees	5	26	6	34	and so
27	☾	dog Days end	Legs	5	28	6	32	ends this
28	☾	Kings Lyr n	Legs	5	30	6	30	moneth.
29	☾	besieged, 1643.	feet	5	31	6	29	
30	☾	Felix	feet	5	33	6	27	
31	☾	Paulionus	head	5	35	6	25	

September hath xxx. dayes.

Last quarter 7 day, 21 min. past 1 morning.
 New Moon 15 day, 31 min. past 5 morning.
 First quarter 22 day, 51 min. past 6 at night.
 Full Moon 29 day, 41 min. past 10 morning.

Egidius	Head	5 37	6 23	Now the	16
Veronica	Head	5 40	6 21	mornings	17
Seraphia	Beck	5 42	6 18	and	18
Theodosia	Beck	5 44	6 16	evenings	19
Zacharias	Armes	5 45	6 15	begins to	20
Magnus	Armes	5 47	6 13	be more	21
Regina	Armes	5 49	6 11	cold	22
	Breast	5 59	6 10	then before	23
Gorgonius	Breast	5 51	6 9	with	24
Hilaricus	Heart	5 53	6 7	some rain	25
Felix	Heart	5 55	6 5	and wind	26
Guidon	Heart	5 58	6 2	very like	27
Amatus	Bovels	5 0	6 0	at this	28
Exalt. Cruc.	Bovels	5 2	7 58	time	29
Nicomede	Beines	5 4	7 56	fine sun-	30
Euphemia	Beines	5 6	7 54	shine	C
Lampert	Secrets	5 8	7 52	fair	1
Fereolius	Secrets	6 10	7 50	weather	2
Januarius	Secrets	6 12	7 48	with	3
Fulca	Thighes	6 14	7 46	cold	4
Matthew Apo.	Thighes	6 16	7 44	nights	5
Maurice	Knees	6 18	7 42	now begins	6
Eldras	Knees	6 20	7 40	to put on	7
Rupert	Legs	6 21	7 38	warm	8
Cleophas	Legs	6 24	7 36	clothes	9
Cyprian	Feet	6 26	7 34	for winter	10
Colme	Feet	6 28	7 32	come on a	11
Winceflaus	Head	6 30	7 30	pace.	12
Michs Arch.	Head	6 31	7 28		13
Hieron	Beck	6 34	7 26		14

October hath xxxi. dayes.

Last quarter 6 day, 32 min. past 6 at night.
 New Moon 14 day, 24 min. past 9 at night.
 First quarter 22 day, 50 min. past 2 morning.
 Full Moon 28 day, 7 min. past 10 at night.

1	a	Remigius.	Neck	6	36	5	24	Fine clear
2	b	Leodegar.	Neck	6	38	5	22	weather
3		Maximian.	Arms	6	40	5	20	begin
4	d	Francis.	Arms	6	42	5	18	this moneth
5	e	Placidus.	Breast	6	44	5	16	but cold
6	f	Paich virg.	Breast	6	46	5	14	variable
7	g	Sergius.	Heart	6	48	5	12	weather
8	a	Pelagius.	Heart	6	50	5	10	continue
9	b	Dionysius.	Heart	6	52	5	8	it with
10		Gedon.	Boswels	6	54	5	6	mists and
11	d	Burchard.	Boswels	6	56	5	4	sunshine
12	e	Colman.	Arms	7	58	5	2	weather
13	f	Theophilus.	Arms	7	0	5	0	with
14	g	Calixtus.	Arms	7	2	4	58	cold
15	a	Hedwid.	Secrets	7	4	4	56	evenings
16	b	Gallius.	Secrets	7	6	4	54	and
17	c	Florentius.	Thighs	7	8	4	52	Mornings
18	d	Luke Evang.	Thighs	7	10	4	50	with some
19	e	Ptolomy	Knees	7	12	4	48	stiffe gales
20	f	Undulph	Knees	7	14	4	46	of wind
21	g	Ursula	Legs	7	15	4	45	out of the
22	a	Cardula	Legs	7	17	4	43	north
23	b	Term begins	Legs	7	19	4	41	and north
24	c		Feet	7	21	4	40	west, and
25	d	Crispine	Feet	7	23	4	38	so this
26	e	Amandus	Head	7	24	4	36	moneth ends.
27	f	Victor	Head	7	25	4	34	
28	g	Sim. & Jude.	Neck	7	28	4	32	
29	a	Narcissus	Neck	7	30	4	30	
30	b	German	Arms	7	32	4	28	
31	c	Quintin	Arms	7	34	4	27	

November hath. xxx. dayes.

Last quarter 5 day, 55 min. past 2 at noon.

New Moon 14 day, 18 min. past noon.

First quarter 20 day, 19 min. past 10 morning.

Full moon 27 day, 9 min. past noon.

D	All Saints.	Breast	7	34	4	26	Cold nights	12
S	All souls	Breast	7	36	4	24	and days	20
T	Theophilus	Breast	7	38	4	22	now	21
P	Piericus	Heart	7	39	4	21	come on	2
P	Powder Treas.	Heart	7	40	4	20	a pace	25
E	Edvardus	Bowels	7	41	4	8	with much	24
F	Florentius	Bowels	7	42	4	17	like	25
C		Bowels	7	43	4	15	snow and	26
C	Candidus	Reines	7	46	4	14	rain	27
T	Theodore	Reins	7	48	4	12	with	28
E	Erastus	Secrets	7	49	4	1	misty	29
S	S. Martin	Secrets	7	50	4	10	weather	30
P	Patern	Thighs	7	52	4	8	and now	C
F	Fredrick	Thighs	7	53	4	7	and then	
L	Leopold.	Thighs	7	55	4	5	a frosty	1
A	Aniamus	Knees	7	56	4	4	morning	2
G	Gelatius	Knees	7	57	4	3	with cold	3
E	Elizabeth	Legs	7	58	4	2	lowring	4
A	Agapinus	Legs	8	59	4	1	dayes:	5
C	Conradus	Foot	8	0	4	0		6
M	Mary	Foot	8	1	3	59		7
C	Cicily	Head	8	2	3	58	More fine	8
C	Chryfagon	Head	8	3	3	57	sunshine wea-	9
K	Katharine	Beck	8	4	3	56	ther,	10
C	Conrade	Beck	8	5	3	55	but cold	11
A	Agatha	Brms	8	6	3	54	with some	12
A	Agricola	Brms	8	7	3	54	rain or	13
A	Advent Sund.	Brms	8	7	3	53	snow.	14
T	Term ends.	Breast	8	8	3	52		15
S	S. Andrew	Breast	8	9	3	51		16
								17

December hath xxxi. dayes.

Last quarter 5 day, 4 min. past 1 at noon.
 New Moon 13 day, 43 min. past 1 at night.
 First quarter 19 day, 12 min. past 7 at night.
 Full Moon 17 day, 45 min. past 4 morning.

1	f	Eligius.	Heart	8	10	3	50	December
2	g		Heart	8	11	3	49	coming with
3	a	Calvan	Bowels	8	12	3	48	cold frosty
4	b	Barbara	Bowels	8	12	3	47	mornings
5	c	Sabine	Bowels	8	13	3	47	and cold
6	d	Nicolas	Heins	8	13	3	47	evenings
7	e	Agathon	Heins	8	13	3	47	now provide
8	f	Con. Mary	Secrets	8	13	3	47	good warm
9	g	Proculus	Secrets	8	13	3	47	clothes and
10	a	Miltiades	Secrets	8	13	3	47	warm
11	b	Damascus	Thighs	8	13	3	47	diet fair
12	c	Valentinus	Thighs	8	13	3	47	sunshine
13	d	Lucia	Knees	8	13	3	47	with some
14	e	Nicasius	Knees	8	13	3	47	rain or
15	f	Abraham	Legs	8	13	3	47	snow if not
16	g	Ember week.	Legs	8	13	3	48	both with
17	a	O sapientia	Feet	8	11	3	49	some fogs and
18	b	Lazarus	Feet	8	11	3	50	mists now
19	c	Christopher	Feet	8	10	3	51	appears and
20	d	Amon	Head	8	9	3	52	cold frosty
21	e	S. Thomas.	Head	8	8	3	53	weather with
22	f	Theodore	Neck	8	7	3	54	high winds
23	g	Victor	Neck	8	6	3	55	at South
24	a	Theodose	Neck	8	5	3	55	west and
25	b	Christ Born	Arms	8	5	3	56	north east
26	c	St. Stephen	Arms	8	4	3	56	and so ends
27	d	St. John	Breast	8	4	3	57	this moneth
28	e	Innocents	Breast	8	3	3	57	with variable
29	f	Trosimus	Heart	8	3	3	58	weather.
30	g	K. David	Heart	8	2	3	58	
31	a	Silvester.	Bowels	8	2	3	59	

July, 1669.

A

Prognostication for the
Year of Our Lord God,
1669.

Wherein we have a Tide-Table,
the time of the Eclipse for this Year,
with divers observations for Physick,
Husbandry, and Gardening; and also
for making all sorts of Bonds and Bills,
Acquittances, VVills, and Indentures;
with High-waies and Fairs.

CALCULATED

For the Meridian of *Kings-Lyn*,
where the Pole is elevated 52 Degrees,
and 43. Minnits above the Horizon,
and may indifferently serve for any other
place within this Kingdom.

LONDON,

Printed by *G. Purflow*, for the
Company of Stationers. 1669.

By the help of two following Tables, you may readily find the time of full Sea, or High-water at any of the Havens under-named, without any notable error, Except the Moons Latitude, Land-floods, contrary Winds, &c. somewhat alter the time: The first sheweth the names of certain Havens, the point of the Compass wherunto the Moon coming, maketh High water.

1. First, Quinborough, Southampton, Portsmouth, Isle Wight, Spits, Kentish Knocks.
2. Rochester, Malden, Aberdeen, Redban, the West end of the Nowies.
3. Gravesend, Downs, Runney, Tenar, Silly hall, Blackness.
4. Dundee, St. Andrews, Lisbon, St. Lucas, Bell-Isle, Holy-Isle.
5. London, Tinnmouth, Hartlepool, Whitebays, Amsterdam, Brittain, Galizia.
6. Barwick, Flamborough-head, Bridlington-Bay, Burden.
7. Scarborough quarter-tide, Lawrence's, Severn, Corn Haven, Dungarvan.
8. Newcastle, Humber, Falmouth, Salley, Dartmouth, Bay, St. Mallova.
9. Plimouth, Weymouth, Hull, Kings Lyn, Davids, Anwerp.
10. Bristol, Foulness, at the Start.
11. Milford, Bridgwater, Lands-end, Waterford, Abermar.
12. Portland, Peter-port, Harflew, Hague, St. Magnet, Seville, Dublin, Lambay.
13. Pool, St. Helen, Carness, Orkney, Fair-Isles, Kildine.
14. Needles, Laitio, North and South Forelands.
15. Yarmouth, Dover, Harwich, S. John Deluce, Calice.
16. Rye, Winchelsey, Gorend, Thames, Rhodes.

Thus following Table shews the hour and Minute of
Full-Sea, or High-Water, in any of the places
before-mentioned.

Moon	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
Age.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.	H.M.
116	12 48	1 38	2 18	3 3	3 48	4 33	5 18	6 3	6 51	7 39	8 27	9 15	10 3	10 51	11 39	12 27	1 15	2 3	2 51	3 39	4 27	5 15	6 3	6 51	7 39	8 27	9 15	10 3	10 51	11 39
117	1 36	2 21	3 6	3 51	4 36	5 21	6 6	6 51	7 36	8 21	9 6	9 51	10 36	11 21	12 6	12 51	1 36	2 21	3 6	3 51	4 36	5 21	6 6	6 51	7 36	8 21	9 6	9 51	10 36	11 21
118	2 24	3 9	3 54	4 39	5 24	6 9	6 54	7 39	8 24	9 9	9 54	10 39	11 24	12 9	12 54	1 39	2 24	3 9	3 54	4 39	5 24	6 9	6 54	7 39	8 24	9 9	9 54	10 39	11 24	12 9
119	3 12	3 57	4 42	5 27	6 12	6 57	7 42	8 27	9 12	9 57	10 42	11 27	12 12	12 57	1 42	2 27	3 12	3 57	4 42	5 27	6 12	6 57	7 42	8 27	9 12	9 57	10 42	11 27	12 12	12 57
120	4 0	4 45	5 30	6 15	7 0	7 45	8 30	9 15	10 0	10 45	11 30	12 15	1 0	1 45	2 30	3 15	4 0	4 45	5 30	6 15	7 0	7 45	8 30	9 15	10 0	10 45	11 30	12 15	1 0	1 45
121	4 48	5 33	6 18	7 3	7 48	8 33	9 18	10 3	10 48	11 33	12 18	1 3	1 48	2 33	3 18	4 3	4 48	5 33	6 18	7 3	7 48	8 33	9 18	10 3	10 48	11 33	12 18	1 3	1 48	2 33
122	5 36	6 21	7 6	7 51	8 36	9 21	10 6	10 51	11 36	12 21	1 6	1 51	2 36	3 21	4 6	4 51	5 36	6 21	7 6	7 51	8 36	9 21	10 6	10 51	11 36	12 21	1 6	1 51	2 36	3 21
123	6 24	7 9	7 54	8 39	9 24	10 9	10 54	11 39	12 24	1 9	1 54	2 39	3 24	4 9	4 54	5 39	6 24	7 9	7 54	8 39	9 24	10 9	10 54	11 39	12 24	1 9	1 54	2 39	3 24	4 9
124	7 12	7 57	8 42	9 27	10 12	10 57	11 42	12 27	1 12	1 57	2 42	3 27	4 12	4 57	5 42	6 27	7 12	7 57	8 42	9 27	10 12	10 57	11 42	12 27	1 12	1 57	2 42	3 27	4 12	4 57
125	8 0	8 45	9 30	10 15	11 0	11 45	12 30	1 15	2 0	2 45	3 30	4 15	5 0	5 45	6 30	7 15	8 0	8 45	9 30	10 15	11 0	11 45	12 30	1 15	2 0	2 45	3 30	4 15	5 0	5 45
126	8 48	9 33	10 18	11 3	11 48	12 33	1 18	2 3	2 48	3 33	4 18	5 3	5 48	6 33	7 18	8 3	8 48	9 33	10 18	11 3	11 48	12 33	1 18	2 3	2 48	3 33	4 18	5 3	5 48	6 33
127	9 36	10 21	11 6	11 51	12 36	1 21	2 6	2 51	3 36	4 21	5 6	5 51	6 36	7 21	8 6	8 51	9 36	10 21	11 6	11 51	12 36	1 21	2 6	2 51	3 36	4 21	5 6	5 51	6 36	7 21
128	10 24	11 9	11 54	12 39	1 24	2 9	2 54	3 39	4 24	5 9	5 54	6 39	7 24	8 9	8 54	9 39	10 24	11 9	11 54	12 39	1 24	2 9	2 54	3 39	4 24	5 9	5 54	6 39	7 24	8 9
129	11 12	11 57	12 42	1 27	2 12	2 57	3 42	4 27	5 12	5 57	6 42	7 27	8 12	8 57	9 42	10 27	11 12	11 57	12 42	1 27	2 12	2 57	3 42	4 27	5 12	5 57	6 42	7 27	8 12	8 57
130	12 0	12 45	1 30	2 15	3 0	3 45	4 30	5 15	6 0	6 45	7 30	8 15	9 0	9 45	10 30	11 15	12 0	12 45	1 30	2 15	3 0	3 45	4 30	5 15	6 0	6 45	7 30	8 15	9 0	9 45

Of the Eclipses this year, 1669.

There will be two of the Sun, the first will be the 19. day of April, 24. Minuits past 5. in the afternoon, and will not be seen in our Horizon.

The Second the 14. day of October, 24. Minuits past 9. at Night.

A description of the four quarters of the Year.

The first quarter begins when the Sun enters into the first point of Aries, which will be the 10. day of March, 24. min. past 11. at night.

The Summer quarter.

Begins at the time when the Sun enters the first point of Cancer, which will be upon the 21. day of June, 2. min. past 11. at night.

Aurumne quarter.

Begins at the time when the Sun enters into the first point of Libra, which will be upon the 23. day of September 10. min. past 5. in the morning.

The Winter quarter.

Begins at the time when the Sun enters into the 1. point of Capricorn, which will be upon the 21. day of Decemb. 57. min. past 2. at night.

Rules concerning Husbandry.

When you would Plant or Graft, consider where the wind bloweth, if it be in the South it is very good for that purpose, but if it be North or East it is not good.

It is good to plant or graft generally the Moon entering in these Signs, Taurus or Aquarius, in the Beginning of the Spring, or latter end of Harvest.

Plant trees for ornament, when the Moon is in Taurus, Leo, or Aquarius.

Our number to have it found in December or January, is

the wane of the Moon in Aquarius or Pisces.

Prune trees and pull off the moss in the month of Febr.
Plash hedges, and Lop trees for Fewel, that the heads may
sooner grow again, when the Moon is in Aries or Libra,
in her increase.

Set young Quicksets from September to March.

Remove young Trees in the last quarter of the Moon,
when she is in Aries, Libra, Scorpio; and in these Months,
September, November, February.

Set Vines in February, March or September, especially the
Moon in Aries, Libra, Scorpio, in her increase.

Rose trees in the midst of February, the Moon increasing.

Cut or prune trees in March or April, the Moon in Tau-
rus, Virgo or Capricorn.

Gather fruit, as Apples, Pears, and the like, at the full Moon
afternoon, the weather being fair and dry.

Cur down Hay presently after the full of the Moon.

Dung ground to prevent growing of weeds, the Moon de-
creasing.

Sow Carrot-seeds about the end of February, or the be-
ginning of March, the Moon increasing. Also sow Onions, and
Leeks in February or March, at the wane of the Moon.

Sow Cucumbers and Melons in February or March, or
in a hot and fair day.

Sow Parsley, Fennel, and Aniseed, in February or March,
at the full of the Moon.

Sow Marjoram, Violets, Thyme, Rosemary, and Lavender,
February, March, or April, in the increase of the Moon.

Sow Gilliflowers and Wall-flowers in March or April, in
the wane of the Moon.

Sow Hyssop and Savory in March, when the Moon is old.

Sow double Marigolds in February or March, in the in-
crease of the Moon.

Shear Sheep at the increase of the Moon.

The best time to Geld cattle the Moon being in Aries,
Taurus or Capricorn.

Feb, 1669.

Of Blood-letting, and some other Physical
Observations.

In youth let blood from the change to the first quarter, in middle-age, from the first quarter to the full. In elder years, from the full to the last quarter. In old age, from the last quarter to the change. But know that under the age of 14, and above the age of 56, it is not good to bleed at all.

Again, in the Canicular or Dog-dates, it is very hurtful to take any Physick at all, unless there be great need; and indeed necessity hath made law: Wherefore in such a case, the disease being desperate, the cure must be adventured.

Take a purgation when the Moon is in Taurus, or Fertile aspect with Venus, decreasing in any of these three Signs, Cancer, Scorpio, or Bilem, and, it will be sure to work the better, because when a movable Planet, in a movable Sign hath such an aspect, the humours in the body are then stirred up and down, and so the better purged out; wherefore in this case, it cannot be amiss to prepare humours by something that is laxative: and let this be done whilst the Moon is either in Gemini, Libra, or Aquarius.

Take a vomit that it may work thoroughly when the Moon is in Aries, Taurus, or Cancer: and know that the aspects of the Moon with Saturn, or Mars, or the Moon in Leo, ought to be eschewed in the taking of Medicines.

Finally, if necessity urge no hast, these observations are expedient: for it is a plain truth, that the change of weather soon differing aspects, doth greatly change and alter mens bodies.

Fly, 1669.

Bills and Obligations, One to One.

Now all men by these presents, that I John Whites of
Gaywood in the County of Norf. Yeoman, do owe and am
debted unto John Anoaks of Giron in the County above-
said Gentleman, the sum of One and twenty pounds of good
lawful money of England, to be paid to the abovesaid
Anoaks, his Heirs, Executors, Administrators, or Assigns,
upon the first day of May next ensuing the date here-
of, or in the now dwelling house of the abovesaid John
Anoaks, for the which payment well and truly to be made,
I my Heirs, Executors, and Administrators, in the sum
of twenty two pounds of like moneys of England, firmly by
these presents: In witness whereof I have hereunto set my
Hand and Seal, the first day of June, One thousand six hun-
dred sixty and three.

*Sealed and delivered
in the presence of*

A Bill Obligatory, Two bound for One.

It is known unto all men by these presents, that We John
Taylor of Kings Lyn, in the County of Norf. Taylor, and
John Ham of Chlen in the County of Suff. Gent. owe, and
are indebted unto John White of Kings Lyn Button-maker,
the sum of one hundred pounds of lawful English money, to
be paid to the abovesaid John White, his Heirs, Executors,
Administrators, or Assigns, in and upon the first day of July
next after the date hereof, at or in the Custom-house porch
at Kings Lyn, for the which payment we bind us, and either
of us, the Heirs, Executors, and Administrators of us, and
each of us, in the sum of Two hundred pounds of like Eng-
lish money firmly by these presents. In witness whereof we
have hereunto put our hands and Seals, July the first 1663.

*Sealed and delivered
in the presence of*

Fly, 1669.

An Obligation with a Condition.

NOverint universi per presentes nos Edw. Knot
de Middleton in Comitatu. Norf. yeoman, testat
& firmiter Obligari Willielmo Wild de Bilny
Comitatu. predicto viginti in Decem libris bona & la
galis Moneta Anglia solvend. eidem Williel. Wild
aut suo certo Attornato, Executoribus, Administra
toribus vel Assignatis suis ad quam quidem solutionem
bene & fideliter faciend. Obligo me Haredes, Execu
tores & Administratores meus firmiter per presen
Sigillo meo sigillat. Dat. sexto dei Octobris Anno Re
ni Regis Caroli secundi Duodecimo, Annoq; Domini
1662.

THE condition of this Obligation is such, That if the above
bound Edward Knot, his Heirs, Executors, Administrators,
or Assigns, shall pay, or cause to be paid to the above
William Wild, his Heirs, Executors, Administrators, or As
signs, the sum of Five pounds of good and lawful money of
England, in and upon the second day of August next ensuing
the date hereof, at, or in the dwelling house of the above
Edward Knot in Middleton; That then this present Obliga
tion shall be void and of no effect, or else to remain in full
power, force, and vertue.

Sealed and delivered

in the presence of

A Short Bill.

John Rose owe unto Edward Pitling the sum of Ten
pounds of English money, for the payment whereof I bind
me, or my Heirs. In witness whereof I have hereto put my
hand and Seal, May the second, 1662.

Sealed and delivered

in the presence of

Or

Fly, 1669.

*Or thus indented, containing Daies and places of
Payment, with a Penalty.*

His Bill being indented and made the Eighth day of July,
in the year of our Lord One thousand six hundred and
sixty one, between Robert Jackson of Cambridge on the one
part Bookseller, and Isaac Jenkin of York, on the other part
man, witnesseth, that the said Robert Jackson owes unto
said Isaac Jenkin the sum of Twenty pounds of lawful
money of England, to be paid to the said Isaac Jenkin, his
Heirs, Executors, Administrators, or Assigns, in the South-
ch of the Parish Church of St. Margarets in Kings Lyn in
Norfolk in manner and form following: That is to say, upon
the first day of March next ensuing the date hereof, the sum
of five pounds thereof, and upon the second day of August
next following the date hereof the sum of five pounds there-
of, and upon the first day of October next ensuing the date
hereof the sum of five pounds thereof, and upon the sixth day
of December next ensuing the date hereof the sum of five
pounds residue thereof; for the which payment well & truly
to be made in manner aforesaid he the said Robert Jackson
doth by these presents bind himself, his Heirs, Executors,
Administrators and every of them firmly by these pre-
sents in the sum of Forty pounds of like lawful money of
England, to be forfeited and paid to the said Isaac Jenkin, his
Heirs, Executors, Administrators, or Assigns. In witness
whereof the said parties have interchangeably set to their
hands and Seals the day and year first above written.

Sealed and delivered

in the presence of

A Bill without a Penalty.

It is known unto all men by these presents, that Richard
Simson of Kings Lyn in the County of Norfolk Gent.
doth owe unto Roger Brame of Risin in the same County Yeo-
man, the sum of one hundred pounds of lawful money of
England, to be paid to the said Roger Brame, his Heirs, Ex-
ecutors, Administrators, or Assigns, upon the first day of May

DEBT

Flz, 1669.

next ensuing the date hereof, at or in the now dwelling house of the aforesaid Roger Bramble of Rjfin; for the which payment well and truly to be made I bind me, my Heirs, Executors and Administrators firmly by these presents. In witness whereof I have hereunto put my Hand and Seal the first day of August, 1663.

Sealed and delivered

in the presence of

An Acquittance.

BE it known unto all men by these presents, That I Roger Bramble have received of William Bramble the sum of One hundred pounds of lawful money of England in full discharge of all Debts, Reckonings, Accounts, and Demands whatsoever from the beginning of the World to this day, being March the first, One thousand six hundred sixty. In witness whereof I have hereunto put my hand and Seal the day and year above written,

Sealed and delivered

in the presence of

A General Release.

BE it known unto all men by these presents, That I Roger Rose of Horstead in the Countrey of Norf. Gentleman, have remised, released, and quit claimed, and by these presents do for me, my Heirs, Executors, Administrators, or Assigns remise, release, and forever quit claime, unto Edward Bromley his Heirs, Executors, Administrators, and Assigns, and all manner of Actions, Suits, Causes, and Accounts, Debts, Duties, Reckonings, sum and sums of Money, Controversies, Judgments, Executions, and Demands whatsoever, which I the said Roger Rose ever had, or which my Heirs, Executors, Administrators, and Assigns, or any of us in time to come, can, or may have, to, for, or against the said Edward Bromley, his Executors, Administrators, or Assigns, for, or by reason of any matter, cause, or thing whatsoever, from the beginning of the world to the day of the date hereof.

Feb, 1669.

witness whereof I have hereunto put my hand and Seal
the second day of May 1669.
*Sealed and delivered
in the presence of*

A short Acquittance.

Received of John Sprat the sum of five pound
in full discharge of all Debts due to this day
the twenty, one thousand six hundred
and one. In witness whereof I have here-
unto put my Hand, the day and year above-
Per me John Nun.

A Letter of Attorney to receive a Debt.

Now all men by these presents, that I John Rose of Her-
stead in the County of Norfolk, Gent. have Assigned, Or-
dered, and made, and in my stead and place by these presents
and constituted my trusty and well beloved friend, Tho-
mas Rose of Halstead in the County of Suffolk, Gent. to be
my true and lawful Attorney, for me, and in my name, and
in my use, to take, ask, sue for, levy, require, recover, and re-
ceive of George Brame of Halstead in the County of Suffolk
all and every such Debts and sums of money, which
are now due unto me by any manner of waies or means
whatsoever: Giving and granting unto my said Attorney my
sole power and strength, and authority in and about the
premises; and upon the receipt of any such Debts, or sums
of money aforesaid, Acquittances, or other discharge for me
in my name, to make, seal, and deliver, and all and e-
very such act and acts, thing and things, devise and devices
whatsoever in Law, for the recovery of all, or any suits,
debts, or sums of money as aforesaid, for me and in my
name, to do execute, and perform, as fully, largely, in every
best, to all intents, constructions, and purposes, as if I my-
self might or could do if I were there in my own person pre-
sent: Ratifying, allowing, and holding firm and stable, all
that whatsoever my said Attorney shall lawfully do, or cause
to be done, in, or about the execution of the Premises, by
virtue of these presents. In witness, &c.

A.

Fly, 1669.

A Copy of a Will.

IN the Name of God, *Amen*, the first day of *July*, 1663. according to the Computation of the Church of England, *I Edward Nonsuch* of *Kings-Lynne* in the County of *Norfolk* Gent. being of perfect Memory & Remembrance, praise be God, do make and ordain this my last Will and Testament, in manner and form following.

viz.

First, I bequeath my Soul into the hands of Almighty GOD my Maker, hoping that through the Merits of his Death and Passion of Jesus Christ my only Saviour and Redemer to receive free pardon and forgiveness of all my sins; and as for my body to be buried in Christian burial at the discretion of my Executrix hereafter nominated.

Item, I give unto my Son *Edward Nonsuch*, the sum of Five hundred pounds. Item, I give unto my Daughter *Short* — the summe of Five hundred pounds. Item, I give unto my daughter *Julian* the sum of Five hundred pounds.

Item, all the rest of my Houses, Leases, Lands, Tenements and Goods whatsoever, I give unto *Susan* my Wife for term of her Life, and then to my Sonne *Edward* and his Heirs for ever, upon Condition that she shall pay all Debts and Legacies, and make her sole Executrix of this last Will and Testament, revoking all other Wills and Testaments.

In witness whereof I have hereunto set my hand and Seal the day and year first above written.

Fly, 1669.

*A Letter of Attorney general to receive Debts
and Rents.*

Now all men by these presents, that I John Rolle of
Wilton, in the County of Kent Yeoman, have Assigned
Ordained, and made, and in my stead and place, put and
stituted my trusty and welbeloved friend Francis Rolle of
Johns in Yorkshire, Yeoman, to be my true and lawfull
Attorney for me, and in my name, and to my use, to aske,
for, levy, require, recover and receive of all and every
person and persons whatsoever, all and every such Debts,
Rents, and summes of Money as are now due unto me, or
shall at any day or daies, time or times hereafter shall be
owing, belonging, or appertaining unto me by any man-
ner of waies, or means whatsoever: Giving and granting
unto my said Attorney by the Tenor of these presents, my
full and whole power, strength, and authority, in and about
the Premises, and upon the receipt of any such Debts,
Rents, and summes of Money aforesaid, to give Acquittances
or Discharge, for me, and in my name, to make, seal,
deliver, and all and every other act and acts, thing or
things, device and devices in the Law whatsoever, needful
and necessary to be done in or about the premises, for the re-
covery of any such Debts, Rents, or summes of Money as aforesaid
for me and in my name, to do, execute, and perform,
fully, largely, and amply in every respect, to all intents,
injunctions, and purposes, as I my self might, or could
do if I were personally present; Ratifying, allowing, and
confirming firm and stable, whatsoever my said Attorney shall
fully do, or cause to be done, in or about the execution
of the same, by vertue of these presents. In witness where-
of I have hereunto put my Hand and Seal, July 20. 1663.

An

Fy, 1669.

An Indenture for an Apprentice bound out by a Parish

THIS Indenture made the second day of June one thousand six hundred sixty and two, according to the computation of the Church of England, &c. witnesseth that the Church-wardens and Overseers of the poor of the Parish of St. Margarets, in Kings Lyn in the County of Northampton, with the consent of John Percival Major, and Francis Parlet Recorder, Esq. two Justices of the Peace for the parish, according to the Statute in that case made and provided: Have placed and put forth John Rose an Apprentice with John Rose of Kings Lyn aforesaid, Waterman, for and till the end of the full age of one and twenty years, from the day of the date hereof: during all which term the said John Rose doth covenant to find unto the above said John Rose his Apprentice, sufficient meat, drink, and apparel, washing, and lodging sufficient for such Apprentice, and at the end of the said term, to give her two suits of Apparel, the one for Holy days, the other for working days. In witness whereof they have interchangeably put their Hands and Seals the day and year first written.

*Sealed and delivered
in the presence of*

Eliz, 1669.

A Counter Bond to save one
harmless.

Overint universi per presentes me, John Do. de
Gaywood in Comitatu Norff. Generosum, seu
firmiter Obligari Ricardo Wood de Swafam in
comitat. predicto armigero in Centum libris bone &
ales Moneta Anglia solvend. eidem Ricardo
Wood, aut suo certo Attornato, Executoribus, Ad-
ministratoibus, vel assignatis suis ad quam quidem so-
lutionem bene & fideliter faciend. Obligo me Hæredes,
Executores, & Administratores, meus firmiter per
presentes Sigillo meo sigillat. Dat. septimo die Novem-
bris, Anno Regni Regis Caroli secundi Decimo nono,
Domini 1668.

The condition of this Obligation is such, that whereas the
above named Richard Wood, at the special instant
request, and for the proper debt of the above bound
John Do. as by one Obligation of the date above written.
and stand Bound unto John Smith of Kings Lyn, in
the County of Norff. Gent. in the sum and penalty of one
hundred pounds of good and lawful money of England,
with the condition for the true payment of fifty pounds of
good and lawful money of England, at or in the now
dwelling house of the said John Smith in Kings Lyn,
and upon the seventh day of May next coming, after
the date hereof, as by the said Obligation and Condi-
tion, more largely appeareth. If therefore the said
John Do, his Heirs, Executors, Administrators,
Assignes, or any of them, do, or shall tru-
ly

Fly, 1669.

ly pay, or cause to be well and truly payed, to the above-
said Richard Wood, his Heirs, Executors, Administrators,
or Assignes, the said sum of fifty pounds, of good and law-
ful money of England, at the place, and upon the day
above mentioned, according to the condition of the said
recited Obligation, and for the discharge and making voyd
the same Obligation without fraud, or other delay, that
then this present Obligation shall be voyd, otherwise to
remain in full strength, power, and vertue.

Bills of Exchange at Sight.

MR. Io. Snack, pay to the bearer hereof, Mr. W. More
or his assignes, the sum of ten pound at Sight, and this
with his receipt shall be your discharge. For so much
Witness my hand, December the twelfth, 1668.

Edward Bann.

A Judgement.

MR. W. Slim, Mr. Io. Slack, or Mr. Tho. Brayns, they
are to desire you, or one of you, to appear for Mr.
John Dunn of Legit in Norff. Gent. In the Court of Com-
mon Pleas, at the Suit of John Sutton of Kings Lynn in
the County of Norff. Gent. In an Action of debt, of one
thousand pounds, and to accept the declaration, and then
to plead. Non sum informatus, or by not guiltying
same, to confess the said debt, with Costs thereupon,
the latter of this Term of Trinitie in the said Court.
And for which you or any of you shall do in the pre-
sence this shall be your warrant. Given under my hand
Seal the 24. day of June, 1668.

John Dunn.

Spalled and delivered to the use of
the said Attorneys, in the pre-
sence of.

Jo. Smith,
W. Wimbell.

Fly, 1669.



A true and plain Description of the High-ways
throughout England and Wales.

From London to Cambridge 44 miles, thus accounted.

From London to Waltham 12 miles, to Ware 8 miles, to Puckridge 5 miles, to Barkway 7 miles, to Foulmire 6 miles, thence to Cambridge 9 miles.

From London to Oxford 47 miles.

From London to Uxbridge 15 miles, to Beconsfield 7 miles, to Wickham 5 miles, to Stoken-Church 5 miles, to Tetworth 5 miles, to Wheatly-bridge 5 miles, thence to Oxford 5 miles.

From Oxford to Coventry 44 miles.

From Oxford to Woodstock 6 miles, to Banbury 14 miles, to Northampton 10 miles, to Coventry 14 miles.

From Oxford to Cambridge 52 miles.

From Oxford to Bicester 10 miles, to Buckingham 9 miles, Newport 8 miles, to Bedford 7 miles, to Gamlinghay 9 miles, to Cambridge 9 miles.

From London to York 151 miles.

From London to Waltham 12 miles, to Ware 8 miles, to Ely 12, to Huntingdon 15, to Stilton 9 miles, to Stamford 12 miles, to Grantham 16, to Newark 10, to Tuxford 10, to Doncaster 18, to Wentbridge 7, to Tadcaster 12, then York 8 miles.

From York to Barnick 108 miles.

From York to Topcliff 17 miles, to Northalerton 7 miles, to Dorington 10 miles, to Durham 14, to Newcastle 12, to Eppit 12 miles, to Anwick 12 miles, to Belford 12 miles.

C

From

Fly, 1669.

From Cambridge to York 114 miles.

From Cambridge to Huntington 12 miles, to Stilton 3, to Stamford 12, to Grantham 16, to Newark 10, to Tuxford 10, to Doncaster 18, to Wentbridge 7, to Tadcaster 12, then to York 8 miles.

From Oxford to York 118 miles.

From Oxford to Banbury 17 miles, to Weedon 10 miles, to Welford 14, to Leicester 12, to Mountsorrel 5, to Nottingham 11, to Mansfield 12, to Doncaster 20, thence to York 27 miles.

From Shrewsbury to York 103 miles.

From Shrewsbury to Price 12 miles, to Whitchurch 4 miles, to Beeston-wood 10, to Northwich 9 miles, to Manchester 16, to Rochdale 8, to Blackston-edge 6, to Halifax 6, to Bradford 6, to Otely 6, to Weatherby 13, then to York 7 miles.

From Nottingham to York 59 miles.

From Nottingham to Mansfield 12 miles, to Doncaster 20, then to York 27.

From London to Norwich 95 miles.

From London to Barkway 32 miles, to Wichford-bridge 10 miles, to New Market 12 miles, to Icklingham-sands 10 miles, to Thetford 6 miles, to Attleborough 10 miles, to Windham 10 miles, thence to Norwich 5 miles.

From London to Walsingham 86 miles.

From London to Ware 20 miles, to New Market 34 miles, to Brandon Ferry 10, to Dickham 10, thence to Walsingham 12 miles.

From London to Yarmouth 92 miles.

From London to Rumford 10 miles, to Brentwood 6, to Ingerston 5, to Chelmsford 5, to Kelvedon 10, to Colchester 8, to Ipswich 12, to Woodbridge 7, to Snapbridge 6, to Eldebar 8, to Laistaff 10, then to Yarmouth 6 miles.

From

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From London to Lincoln 99 miles.

From London to Stilton 58 miles, to Gunworth Ferry 4 miles, to west-Deeping 5, to Bourn 5, to Sleaford 13, then to Lincoln 14 miles.

Another way 106 miles.

From London to Stilton 58 miles, to Stamford 12, to Ruskfield 12, to Ancaster 8, then to Lincoln 16 miles.

From London to Boston 94 miles.

From London to Stilton 58 miles, to Gunworth Ferry 4, West Deeping 5, to Bourn 5, then to Boston 22 miles.

From London to Nottingham 98 miles.

From London to Barner 10 miles, to St. Albans 10, to Dunstable 10, to Brickhil 7, to Stonystratford 7 miles, to Northampton 10, to Harborough 12, to Leicester 12, to Loughborough 8, then to Nottingham 8.

From Coventry to Chester 68 miles.

From Coventry to Colehil 8 miles, to Lichfield 12, to Stone 18, to Wiche 15, then to Chester 15 miles.

From London to Coventry 74 miles.

From London to Stonie-Stratford 44 miles, to Tugger 6, to Daventry 10, then to Coventry 14 miles.

From Norwich to Tarmouth 16 miles.

From Norwich to Oekhil 8 miles, thence to Yarmouth 8 miles.

From London to Lancaster 180 miles.

From London to Coventry 74 miles, to Lichfield 20, to Newcastle 20, to Warrington 20, to Wigan 12, to Preston 14, then to Lancaster 20 miles.

From London to Ludlow 106 miles.

From London to Wickham 17 miles, to Iffip 20 miles, to Chippingnorton 12, to Ewsham 14, to Worcester 12 miles, to Tenbury 16, then to Ludlow 5 miles.

Ed, 1669.

From Kings Lyn to London 74 miles.

From Kings Lyn to Dounham 8 miles, to Southrey ferry 4 miles, to Little Port 4, to Ely 4, to Cambridge 20, to Fuhire 6, to Barkway 6, to Puckridge 7, to Ware 3, to Waltham 8, to London 12 miles.

From Lyn to Norwich 30 miles.

From Lyn to Giron 5 miles, to Licham 8, to Billington 6, to Bandswel 1, to Attlebridge 4, to Norwich 6.

From Coventry to Shrewsbury 44 miles.

From Coventry to Meriden 4 miles, to Breminham 10, to Wolverhampton 10, to Bonigal 5, to Shefual 3 miles, to Walsing-street 5, then to Shrewsbury 7 miles.

From London to Worcester, & so to Ludlow 106 miles.

From London to Wickham 27 miles, to Illip 20 miles, Chippingnorton 12, to Evisham 14, to Worcester 12 miles, to Tenbury 16, then to Ludlow 5 miles.

From London to Bristol 97 miles.

From London to Colebrook 15 miles, to Reading 14, to Newbury 10, to Marleborough 23, to Chipnam 15, to Maxfield 10, then to Bristol 10 miles.

From London to Exeter 138 miles.

From London to Stanes 15 miles, to Hartlerow 16, to Balingstoke 8, to Andover 16, to Salisbury 16, to Shaftesbury 18, to Sherborn 12, to Chard 16, Honiton 10, then to Exeter 12 miles.

From London to St. Davids 202 miles.

From London to Maidenhead 22 miles, to Dorchester 10, to Abington 5, to Farrington 10, to Cleeter 12 miles, Gloucester 15, to Ross 10, to Hereford 8, to Breckneck 2, to Lambury 16, to Newen 10, to Cammarthen 12, to Aford 34, thence to St. Davids 12 miles.

Flv, 1669.

The Names of the principal Fairs in *England* and
Wales, with the Moneth, Day, and Place
where they be kept.

January.

The 5 day at Hickford in Lancashire, the 6 day at Salis-
bury, Thursday after at Banbury, the 25 at Gravesend,
Churchinford, Northallerton in Yorkshire every
Wednesday from Christmas till June.

February.

The 1 day at Bromley in Lancashire, the 2 at Reading
Berkshire, at Maidstone, Bicklesworth, Bicklesfield, Bath-
ing, Bugworth, 3 at Borgrove. On Valentines day at
Andle, Feverham, 24 at Henley, at Baldoak. Ash Wednesday
Royston, Dunstable, Eaton, Tamworth, Tunbridg, Liche-
d, Exeter, Ciceter. The first munday in Lent at Banbury.

March.

The 3 day at Bromelbrakes in Norfolk, 4 at Bedford, 12
Alton in Norfolk, Sudbury, Woborn, 13 at Wye, at Bed-
20 at Durham. Munday before our Lady day at Ken-
Wisbich. 25 at Huntington, Northampton, Walden, at
wel in Hartfordshire, Newcastle. Midlent at Saffron-
den in Essex. Goodfriday at Norwich. Palm Sunday even
Wisbich. Worcester, at Pomfret.

April.

after Munday at Ony in Bedfordshire, Gainsborough.
Tuesday at Daventry, Godmanchester, St. I in Nor-
St. Edmundsbury. On Wednesday at Wel. ingbo-
On Friday at Daresy. Saturday at Bicklesworth. 2
at Hurchin, at Rochford, Northfleet. 7 at Darby, 9 at Bil-

FM, 1689.

Billingworth, 11 at Newport-pagnel, 22 at Stratton, 3 at
 Ipswich, Harbin in Norfolk, Northampton, Saplar, Charing
 Hinningham, Tamworth, Bury in Lancashire, St. Pomers in
 Cornwel, 26 at Dunmow, Ockham in Rutlandshire, Buck-
 kingham, Darby, 27 at Tenderden in Kent, Cleet. 30 at
 Beverly a week.

May.

The first day at Swaffam, Heverly in Essex, Layton
 bizzard in Huntingtongshire, Rippon, Reading, Maidstone,
 Tuxford in the Clay, Risin by Lyn. 3 at Stratford upon A-
 von, Elsto in Bedfordshire, Non-Eaton in Warwicksh. Ther-
 ford in Norfolk, Chelmsford in Essex, VValtham Abby
 Hinningham, Rochdale, Bramyard. 7 at Newton in Lanc-
 shire, Beverly, Oxford. 10 at Rochester, Dunstable, Mar-
 in Suffolk. On Rogation Munday at Reach. On Ascension
 day at Thaxted, Beverly, Rippon, Sudminster, Bishopstratford,
 St. Neors, VVickham, Middle-wich in Cheshire, Fresh in
 Darbish. On VVhitesun-even at Skipton in Craven. On
 VVhiteson-Munday at St. Ives, Rygate in Surry, Bicklesworth
 Bradford, at Agmunsham. Munday before VVhitesunday
 Spilsby, and Munday 14 daies after another. Another on
 Munday 14 daies after at Partney. On VVhiteson Tuesday
 VVisbich, a great fair of Horle and Cattel for 5 daies
 Newmarket. On VVednesday at Royston. Thursday at O-
 hill. 26 at Lenham, 29 at Cranbrook.

June.

Trinity-even at Rowel, Kendal. On Corpus Christi
 at Banbury, Bishopstratford, St. Neors, Coventry, Newbury
 The 6, 7, and 8 of June at Milton Abbas in Dorsetshire
 at Maidstone. 11 a Horle fair at Horneastle, at Breme in
 Norfolk, Bardfield in Essex, 16 at Staw green a great Horle
 fair begins, and ends the 24, 17 at Hadstock, 23 at St. Al-
 bans, Derham in Norfolk, Shrewsbury, 24 at Harlton in Suff-
 folk, Barnwel, Bedford, Colchester, Rumbord, Reading, Co-
 VVindfor, Hallifax, Hereford, Beverly, Hallingden, 27 at B-
 Bristol, Darby, 27 at Burton on Trent, Felstone, 28 at B-
 Pomey, Wakefi

Fly, 1669.

ombs, 29 at Peterborough, Ashwel, Sudbury, Stebing in

July.

The 1, 2, 3 day at Congerton in Cheshire, 7 at Royston, Burntwood. The Munday at Forbingham, 11 at Partny for horses, 15 at Stratford upon Avon, 20 at Uxbridge, Coolidge, Woodstock, Barkway, 25 at Ickleton, Norwich, Colchester, 26 Audley-end, Walden at Reading.

August.

The first at Bedford, Burnam, St. Neots, Dunstable, Feverham, Wisbish, Bickelworth, Stony Stratford, 10 at Blackmore, Thaxstead, St. Ives, Bedford, Banbury, Barnam, Brainbury, 15 at Cambridge, Huntington, Dunmow, Luton, Northampton; 24 at London, Turbury, Norwich, Oxford, Northampton, Dover, Begger-bush, Burton; 29 at Halston in Suffolk, Harlow, Bush in Essex.

September.

The first day at S. Giles in the Bush. On Thursday and Friday next before the 8 day, at Sandback in Cheshire. 7, 8, 10 at Woodbury-hill in Dorsetshire, 7 at VVare, 8 at Huntington, Bury in Lancashire, Partny, VVakefield, Northampton, Sturbrech by Cambridge, 14 at Ripon, VValthamby, Chesterfield in Darbshire, Richmond, 15 at Stratford upon Avon, 21 at Marlborough, Bedford, Baldock, S. Edmunds, Houlden in Holderness, Brainry, Brackly, Malden, 22 at Malton for Horses, 29 at St. Ives, Basingstoke, Market, Shelford, Bishopstratford, Malton for Oxen, Stow, Maldam: Thursday after at Banbury:

October.

The 2 day at Salisbury at Havent, Maidstone, Coolidge, Wywood by Lyn, St. Faiths, 8 at Bishopstratford, Harborough, 9 Gainsborough, 11 at Newport Pagnel, 13 at Windchester, Colchester, Gravesend, 18 at Ely, Bishop Hatfield, Barnet, Banbury, Thirst, Burton on Trent, 21 at Saffron Walden, 22 at Bickelworth, 28 at New Market, Delfs in Norfolk, Wakefield, Rothdale in Lancashire:

November

Hy, 1669.

November.

The 1 day at Chelmsford, 2 at Epping, Kingston on Thames, Padamhaston in Suffolk, 6 at Newport Pagnel, Bedford, Harford, 11 at Loddon in Norfolk, Lemon in Nottinghamshire, Hempton in Norfolk, Fockingham in Lincolnshire, Bridgton in Northamptonshire, Marlborough, 13 at Boston, 17 at Spalding in Lincolnshire, Harlow, Lincoln, Hyde, Northampton, 19 Horsham in Kent, 20 at St. Edmundsbury, Ingham in Essex, Heath, 23 at Sandwich, at Houlst, 30 at Baldock, Bedford, Kolingborough, Maidenhead, Warrington, Rochester.

December.

The first day at Norwell, and Tring, 5 at Plackley, 9 at S. Neots, at Woodstock, Spalding, Northwich in Cheshire, Exeter, Senock, Arundel, Grantham, at Stratford upon Avon, 7 at Sandwich, 8 at Northampton, Clicheral in Lancashire, Huntington, at Malpas in Cheshire, 11 day at Newport, 12 at Stock, 19 day at Canterbury, Salisbury.

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F I N I S.